

ROTARY CLUB OF CENTRAL DAVAO

CLUB NO. 17108 DISTRICT 3860 DAVAO CITY PHILIPPINES CHARTERED AUGUST 25, 1975

CENTERVIEWS

44 YEARS OF SERVICE



Peace and Conflict Prevention/Resolution



Maternal and child health



Diseases Prevention and Treatment



Basic Education and literacy



Water and Sanitation



Economic and Community development

Central Davao
Rotary
Club



Central Davao
Rotary
Club



Rotary Club of Central Davao

Club No. 17108 District 3860
GRAND MEN SENG HOTEL, DAVAO CITY
JULY 9, 2019 / 6:30 PM



2nd Regular Meeting

Happy New Rotary Year

Call to Order

Invocation / National Anthem

Reading of 4way Test & Object of Rotary

Introduction of Visiting Rotarians/Guests

Community Singing

Introduction of Guest Speaker

Guest Speaker

Pres Carmencita R. Zurita

Rtn Ana Marie Allones

PSAG Lourdes Ventosa

PAG Rommel Benedicto

Centralites

DMC Chair Jose Fortunato F. Uy

AG-2C Marilyn B. Puno

Guest Speaker : AG-2C Marilyn "Bolyn" Puno

Topic: New Rotary Year & Preparation for the Governor's Visit

Secretary's Time

President's Time

Adjournment

Secretary Maychelle Kanda

Pres Carmencita R. Zurita

Pres Carmencita R. Zurita

Master of Ceremony

PP Josefina C. Manaois



Let us Pray

Father, thank you for all the marvelous things you have done today. Help us to make decisions that will be pleasing to You. Help us to be able to discuss the matters at hand in a reasonable way. Let this meeting be productive and, as should be the case in all areas of our lives, help us to keep You at the forefront of our minds as we do the work set before us.
Amen



President's Column

PRES. CARMENCITA R. ZURITA

RY 2019-2020

My dearest fellow Centralites, Spouses and Guests,

HAPPY NEW ROTARY YEAR!

Its been a flurry of activities for my otherwise humdrum kind of life. I have attended inductions after inductions to help welcome the new Champion Presidents. I together with our very own PDG Art Tan ,Lady Lenlen and my husband,IPP Mike went to Bohol to attend our sister club ROTARY CLUB OF PANGLAO ISLAND's induction of officers.

Last July 4 we had a board meeting in AULSON's Cafe which was supposedly a turn over of the old board and the new board . I would like to thank all those attended , it was jam packed meeting. So many things to be discussed. It was chaotic But nevertheless a fulfilling 1st board meeting. I definitely started my year with a BANG!. It was a baptism of fire for me.

Last July 5 I invited the spouses to Bigby's Abreeza for lunch. It was well attended,thank you Spouses. We also elected for their new set of officers. I would like to name the team the POWER SPOUSES OF RC CENTRAL. In our club's SWOT Analysis, they are definitely one of the STRENGTHs of our club. Thank you Spouse Jean Desales for accepting the presidency of the POWER SPOUSES!! I know your team will be instrumental in helping achieve our challenges for the new Rotary Year!

This week will be a flurry of activities for our club as well what with the forthcoming Governors visit and the induction of officers and turn over ceremonies on July 12 in ARCADIA.

On this note, tonight we have a guest speaker ,AG MARILYN "BOLYN" PUNO,our energetic Assistant Governor for AREA 2C. I believe with her leadership and guidance our Club will achieve our goals.

Lastly ,as your President for the new rotary year with a theme of ROTARY CONNECTS THE WORLD,i just want to say I am not here for the prestige and honor this Presidency offers. I am here to lead the club the best way that i can. I have had numerous challenges in my life but this Presidency really ROCKED MY BOAT.

So im enjoining my fellow Centralites and the Power Spouses to journey with me this rotary year ,lets soar new heights and help achieve our club's goals. I know its going to be a turbulent ride , a road less travelled but i know its going to be a fulfilling one.

To quote Neale Donald Walsch, "LIFE BEGINS AT THE END OF YOUR COMFORT ZONE"

I remain,

Carmencita R Zurita

Guest Speaker : Marilyn “Bolyn” P. Puno

Topic: New Rotary Year & Preparation for the Governor’s Visit



Joined Rotary club of Downtown Davao
October 2012

Club Secretary RY 2014-2015

Club President , RY 2015-2016

New Generation Chair /District
Rotaract Chair RY 2016-2018

Assistant Governor RY 2019-2020

Classification: Doctor of Dental Medicine

Dentist IV at City Health Office, Davao City

Fields in Dentistry: Public Health Dentistry,
Orthodontics and Oral Surgery



PROUD MEMBER





Prostate Cancer Explained



- Prostate Cancer Is The Second Most Common Cancer In Men (Excluding Skin Cancer)

- It Mainly Affects Men Over 50 & Is Rare In Younger Males

- Signs Of Prostate Cancer Include Blood In The Urine, Difficulty Urinating & Erectile Dysfunction

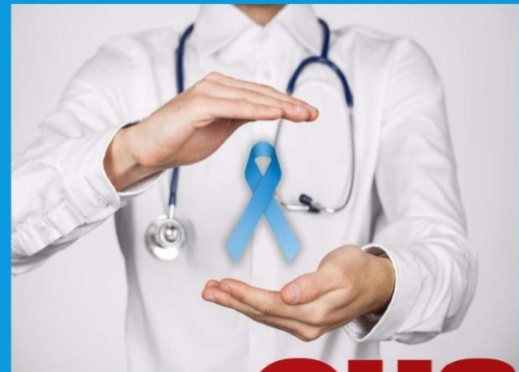


PROSTATE CANCER IS ONE OF THE MOST COMMON TYPES OF CANCER IN MEN. PROSTATE CANCER USUALLY GROWS SLOWLY AND INITIALLY REMAINS CONFINED TO THE PROSTATE GLAND, WHERE IT MAY CAUSE SERIOUS HARM IN THE LONG RUN.

Symptoms
<ul style="list-style-type: none"> • Trouble urinating • Decreased force in urinating • Blood in semen • Discomfort in pelvic area • Erectile Dysfunction

Risk Factors
<ul style="list-style-type: none"> • Older Age (50 Above) • Smoking • Family History • Obesity • Sexually Transmitted infections

Prevention
<ul style="list-style-type: none"> • Choose healthy diet full of fruits and vegetables • Exercise most days of the week • Maintain a healthy weight • Talk to your doctor about increased risk of prostate cancer • See your Urologist regularly



OHS
OCCUPATIONAL HEALTH & SAFETY



MAYCHELLE A. KANDA
Secretary
RY 2019-2020

SECRETARY'S NOTES

Weekly Attendance	July 2				
Total Members (Less Honorary)	31				
Members excluding from attendance (senior active)	02				
Attendance Base (UNADJUSTED)	29				
Actual Present	24				
+ Make-Ups / Advance	2				
Adjusted	26				
% Attendance ADJUSTED / UNADJUSTED	89.65%				

MAKE-UPS / ADVANCE ATTENDANCE

1st Board Meeting	
Pres Eng-Eng Zurita	PP Ron Rellosa
IPP Mike Zurita	PP Rommel Benedicto
PDG Art Tan	PP Joel Mermida
DCM Chi Uy	PP Quitoy Guevarra
PSAG Lulu Ventosa	PP Jon Desales
PAG Jun Rosalem	PP Theng Reyes
PP Josie Manaois	Psec Jerome Camina
Aud Ish Tan	Sec May Kanda
Rtn Ann Allones	PVP Angie Jamias

ROTARY MONTHLY THEME



VISITING ROTARIANS, GUESTS, & SPOUSES

SPOUSES

LADY Lenlen Tan
 SP Lalai Mermida
 SP Etat Uy
 SP Elsa Guevarra
 SP Carmen Napalit
 SP Jennifer Camina
 SP Stephanie Rellosa
 SP Jenn Desales

VISITING RTNS

Rotakid Jemmeth Camina
 Rotakid Andrea Solicar
 Rotakid Ayisha Solicar
 Rotakid Elizah Ramos

July 04- PP Alfonso Lopez
 - SP Julie Rosalem
 July 13- PP Anacleto Guevarra
 July 22- PN Carmencita Zurita
 SP Lena Benedicto

July 30- PP Roger &
 SP Amelda Oropeza



JULY



*Happy Anniversary
 to a cute couple...
 And two lovely hearts
 who are inseparable !*

Leader : Rtn Eric Moreno	Leader : PP Ron Rellosa	Leader :
Members :	Members:	Members:
Rtn Joseph Solicar	Rtn Benjo Battung	Rtn Richmond Alejo
Rtn Ana Marie Allones	PT Caridad Canete	
Sec Maychelle Kanda	PP Jon Desales	PP Theng Reyes-Ching
VP Tadashi Kanda	PP Quito Guevarra	PP Art Escalante
Rtn Micah Uy	PP Al Lopez	Rtn Maymay Kanda
Treas Krizia Z. Tan	PP Gerry Napalit	PP Josie Manaois
Rtn Lalaine Valmores	PP Roger Oropesa	PT Anjie Jamias
Rtn Michelle Adobas	PAG Jun Rosalem	IPP Joel Mermida
Rtn Junald Lagod	PDG Art Tan	Rtn Enggay Tan
	PSAG Lulu Ventosa	



SAVE THE DATE

JULY

July 12

5PM- Governor's Visit
6:30PM - 45th Induction
and Turn Over Ceremonies

July 23 - Regular Meeting
July 30 - Fellowship Meeting
@ Oroderm City



Rotary Central Davao  

Rotary Club of Central Davao
Invites you to its

45th Induction and Turn-over Ceremonies

July 12, 2019, 6:00pm @ Arcadia Active Lifestyle Center,
Escandor St., Davao Gulf Drive, Ecoland Dr, Davao City

Attire :
Long Gown - Ladies
Coat & Tie - Men

RSVP (Maribel)
+639176597165 - Globe
+639487673228 - Smart

Rotary Club of Central Davao

Attendance Certificate

This CERTIFIES that _____
of the Rotary Club of _____
_____ attended our meeting this _____
of _____, _____

Club Secretary

Club President

Who's Next?

Be ready for next meeting:

In charge:

Emcee :

Invocation & Pambansang Awit:

Reading of the 4 Way Test

& Object Rotary:

Introduction of Visting Rotarians

& Guests :

WHEN & WHERE CLUBS MEET

Monday	<p>RC CENTRAL DAVAO Grand Menseng Hotel - 6:30 pm Contact person : Maribel - 09176597165/09487673228 e-mail : rccentraldvo@yahoo.com.ph</p>
Tuesday	<p>RC EAST DAVAO Marco Polo Davao - 12:00 nn / Contact person : Sheila - 3028956</p> <p>RC MATINA DAVAO Lispher Inn - 12:00 nn / Contact person : Rose - 0922 8508181</p>
Wednesday	<p>RC DOWNTOWN DAVAO Grand Menseng Hotel - 12:00 nn</p> <p>RC SOUTH DAVAO Marco Polo Hotel - 12:00 nn / Contact Person - Chat-Chat 0922 8927018</p> <p>RC PAG-ASA DAVAO Lispher Inn Hotel - 6:30 PM / Contact Person - Janeth : 0923 1575259</p> <p>RC DAVAO 2000 Sunburst Chicken - Abreeza Mall, DC at 6:00PM / Contact: Norma : 0917 7021252</p> <p>RC CALINAN DAVAO MRose 7:00 pm</p> <p>RC STA. ANA DAVAO Grand Menseng Hotel - 6:30 pm / Contact person : Erika 0932 5375644</p>
Thursday	<p>RC DAVAO Royal Mandaya Hotel - 12:30PM / Contact person : Jackie - 227 3107</p> <p>RC WALING-WALING DAVAO Grand Menseng Hotel - 12:00 nn / Contact person : Kring : 0946 1875528</p>
Friday	<p>RC NORTH DAVAO RC NORTH DAVAO CLUBHOUSE, F. Torres St., DC / 0922 4415260 / 3217934</p> <p>RC WEST DAVAO Marco Polo Hotel - 6:00 PM / Contact person : Sec. Rudy Togle : 321 8625</p>
Saturday	<p>RC TORIL DAVAO Rotary Community Center , McLeod St., Toril, DC / 8:00PM</p>

ROTARY CLUB OF CENTRAL DAVAO

SECRETARIAT:



2019-2020 ROTARY CALENDAR

JULY

New Rotary Year

AUGUST

Membership and Extension Month

SEPTEMBER

Basic Education and Literacy Month

OCTOBER

Economic and Community Development Month

NOVEMBER

Rotary Foundation Month

DECEMBER

Disease Prevention and Treatment Month

JANUARY

Vocational Service Month

FEBRUARY

Peace and Conflict Prevention/Resolution Month

MARCH

Water and Sanitation Month

APRIL

Maternal and Child Health Month

MAY

Youth Service Month

JUNE